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WELCOME WALKS



SELWERD

Welcome Walks is a project of IWCN



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Ready to get to know your neighborhood?

This self-guided tour will cover the basics you need in your day-to-day life, as well as the hidden gems that make this section of the city unique.

We've included links for some items here in the guide, and you can download this guide as a PDF from

<https://iwc.nl/our-services/welcome-walks/>

If you have any questions, comments or suggestions, feel free to contact us on social media or send an email to info@iwc.nl.



1 Winkelplein Selwerd: Eikenlaan 9-39

The Selwerd shopping center houses a variety of stores, including Lidl and Albert Heijn (grocery stores), Al Nour (international supermarket), Etos (drugstore), a bike shop, an ATM, and several restaurants.

2 Wijkcentrum de Berk: Berkenlaan 238

This center offers a wide range of activities, including language courses, Tai Chi, Salsa dancing, painting, bookbinding, and Bachata—all at affordable prices. Follow them on Facebook or visit their website (wijkcentrumdeberk.nl) for more details.

3 Health Center Zinn: Beukenlaan 156

In the Netherlands, general practitioners (GPs) are your first stop for most healthcare needs (except in emergencies). To see a doctor, you'll need to register with a GP's office. This building houses two general practitioners and a pharmacy. For more info about the Dutch healthcare system, visit iwc.nl.

4 Wijkbedrijf Selwerd: Bottelroosstraat 3

This hub offers various projects and initiatives, such as Kringloop 050 (a secondhand shop), The Repair Café (where you can fix your items), and the Plasticwijkfabriek, which transforms plastic waste into public seating. There is also charming Van Tosties Café, located in a former camper van. The restaurant De Duindoorn (location 3) is another of their projects. For more details about their activities and how to get involved, visit their website at wijkbedrijfselwerd.nl.

5 Buurt- en Speeltuinenvereniging Selwerd: Elzenlaan 72

This playground association offers a variety of activities, from a cactus club to a bouncy castle festival. For more information, visit bsvselwerd.nl.

6 Wijkrestaurant de Duindoorn: Duindoornstraat 91

This restaurant offers healthy, affordable meals and is operated by volunteers as part of a community service project. The building has been renovated and is now more sustainable and energy-efficient.

7 Loopgroep Astrea: Eikenlaan 253

This running association offers training sessions for runners from all various experience levels on Monday, Wednesday, and Friday evenings from 19:30 to 21:00. You can join a free test session to see if it's a good fit for you.

8 Eikenlaan 288 & 290: WIJ Selwerd Eikenlaan 288-6

Library: Eikenlaan 288-8

Pool (de Parrel): Eikenlaan 290

The library is open in the afternoon from Monday to Friday. Buurtcentrum Sonde2000 is another hub for all sorts of affordable social activities, such as dancing, Chinese language classes, and sewing lessons. De Parrel pool is 25 meters long, and you can sign up for both exercise and recreational swimming.

9 Station (Groningen) Noord

This small train station, opened in 1884, features the Portiersloge modern art gallery. The train line connects Groningen Hoofdstation with Delfzijl, a charming city on the Wadden Sea. Public transport apps like 9292 and NS can help you plan your journey.



To view the map online, scan here: