

Ready to get to know your neighbourhood? This self-guided tour will cover the basics you need in your day to day life, as well as the hidden gems that make this section of the city unique.

We've included links for some items here in the guide, and you can download this guide as a PDF from [www.citycentral.nl](http://www.citycentral.nl). If you have any questions, comments or suggestions, feel free to contact us on social media or send an email to [hallo@citycentral.nl](mailto:hallo@citycentral.nl).

## 1 WASTE

You need a card to get rid of your general waste - contact your landlord or housing association if you don't yet have one. There are separate bins for paper and glass, which don't need a card. If you want to receive more information about waste collection, visit [Groningen.nl](http://Groningen.nl) and look up "Municipal Services".

## 2 NOORDERPLANTSOEN

With its gently sloping hills and hidden pathways, the Noorderplantsoen is the go-to picnic spot in town on sunny days for students and families alike. The park has a fascinating history: it's located along the city's former defensive wall, and the roads running through it are very broad because it used to be accessible for cars.

## 3 CAFÉ DE MINNAAR | Kleine Rozenstraat 64

Café de Minnaar has always been a part of the city, or at least it feels like it. Students old and new inevitably end up at this café at some point, and many become regulars.

## 4 MAMAMINI NOORDERPLANTSOEN Noorderbinnensingel 100

Mamamini sells second-hand clothing, furniture, books and electronics at several locations across the city. If you need the basics for your home or you're looking to spruce up your living space, it's always worth paying one of their shops a visit.

## 5 JUMBO | Beren 85

Jumbo is aptly named: it's a huge supermarket that has plenty in store, including a wide vegan selection and lots of craft beers. The supermarket is situated on a shopping plaza where you can find a bookshop/copyshop, another supermarket (Aldi), a hair salon, and a cash machine. The big Asian supermarket - Amazing Oriental - is just around the corner.

## 6 DOT / CITY BEACH | Vrydemalaan 20

This UFO-like building was originally designed as a 3D cinema for science films, but nowadays you can attend screenings for all kinds of movies on the curved screen. The city beach next to it is packed on sweltering summer days, but you can go for a swim here year round.

## 7 MIDDENGASTHUIS, SINT MARTINUSGASTHUIS, PIETERNELLAGASTHUIS | Grote Leliestraat

The city of Groningen is home to 32 historic gasthuizen – almshouses – which were created by local houses of worship. The small units traditionally provided housing for various kinds of people who were considered social outcasts. The Grote Leliestraat has three of these complexes, and it's a great place to start exploring them. Don't be afraid to walk inside and admire them up close.

## 8 THE STUDENT HOTEL | Boterdiep 9

One of the first big buildings in this part of the city, The Student Hotel defines the horizon and plays a big part in student life in the neighbourhood. Their all-inclusive rooms can be booked for a year, or you can stay here just a couple of nights as a hotel guest or even use them for short-term office space. The downstairs restaurant and bar are open to the public.

## 9 SIMPLON | Boterdiep 69

Simplon has been central to Groningen's youth culture for 40 years. The club started when a group of hippies and artists started squatting inside the former jacket factory in the '70s. Nowadays, this music venue primarily focuses on hip hop, urban and dance music – you can find out more about upcoming events on their English-language website..

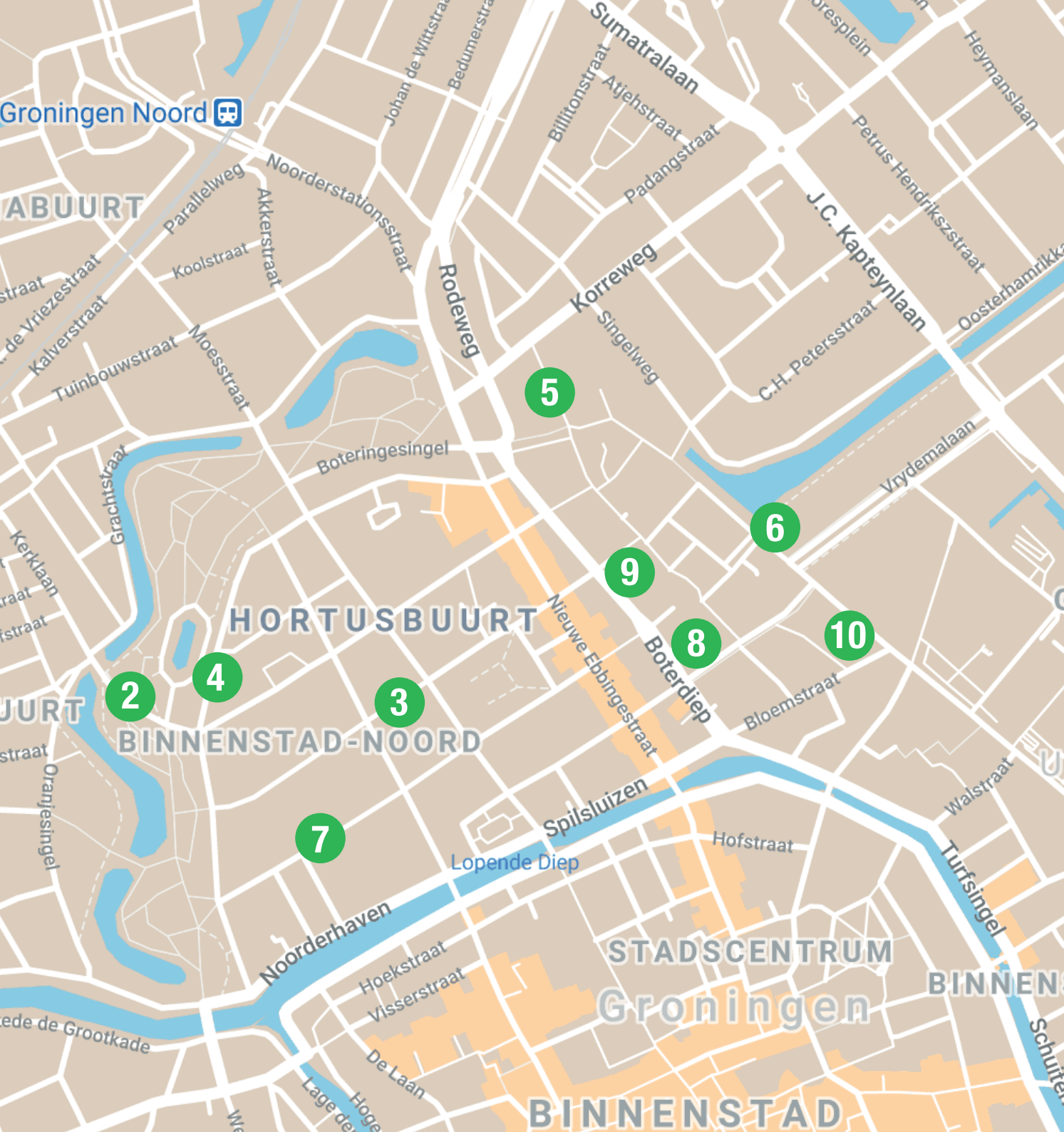
## 10 MACHINEFABRIEK / Friday NITE | Bloemstraat 38

The Machinefabriek is home to two organisations: the North Netherlands Theatre Group (NNT) and dance ensemble Guy and Roni. All of their dress rehearsals are open to the public, which are a great way to check out their innovative shows for a fraction of the price. Every Friday, the space is transformed into Friday NITE, a digital stage for online forms of expression.

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