# Youth health care by the Public Health Service (GGD) Groningen



The Youth Health Care-department (JGZ) of GGD Groningen wants to support parents and guardians in order to make sure that all children aged 0-18 years in the province of Groningen are able to grow up healthily and develop well.

### Who we are

At the Youth Health Care-department (JGZ) we employ community paeditricians, public health nurses and medical assistants. They supply information, give advice and try to support parents/guardians with children aged 0-18 years. They are all specialized in youth health care. Youth health care is free of charge and your visits are voluntary. Our JGZ-employees work in a child health centre (consultatiebureau), which is part of a Centre for Youth and Family (CJG). There are several centres in the province of Groningen. You can also meet with them at primary and secondary schools.





# What we do

We organize all of the vaccinations according to the Dutch National Vaccination Programme, as well as the screening of children shortly after birth. Until your child is 4 years of age you are welcome to visit your local child health centre. During each visit we will check your child's growth, development and physical health. We will do so by weighing and measuring your child, by playing developmental games with him/her and by asking you some questions.

The paeditrician will also do a physical examination. Your child will be checked a few more times when he/she is at primary school. If neccesary, our employees will call on you at home.

You can also ask us anything about topics such as general care, (breast)feeding, behaviour or the upbringing of your child. Young people are welcome to ask any questions they may have or talk about problems, such as bullying, smoking, alcohol, drugs or sexuality. If needed, we can discuss (a referral to) other kinds of suitable help.

You are most welcome at the local Centre for Youth and Family (CJG), with or without an apppointment. Besides that, you may want to use other services we offer. Read more about our services on: www.ggd.groningen.nl (currently only available in Dutch).

# **Contact information Public Health Service (GGD)**

Head office

**GGD** Groningen

Hanzeplein 120

9713 GW Groningen

Phone number: 050 367 4000

# Contact and counselling by telephone

Call this number for more information or to make an appointment: 050 367 4990.

Do you have any questions on the upbringing of your child? Or would you like counselling by telephone? Please call our colleagues at the 'Telefonische Advisering' (GGD Groningen). They are available on weekdays from 8.00 AM until 8.00 PM at this phone number: 050 367 4991. Young people are welcome to call this number too for help and advice.

# Postal address

GGD Groningen Postbus 584 9700 AN Groningen



