

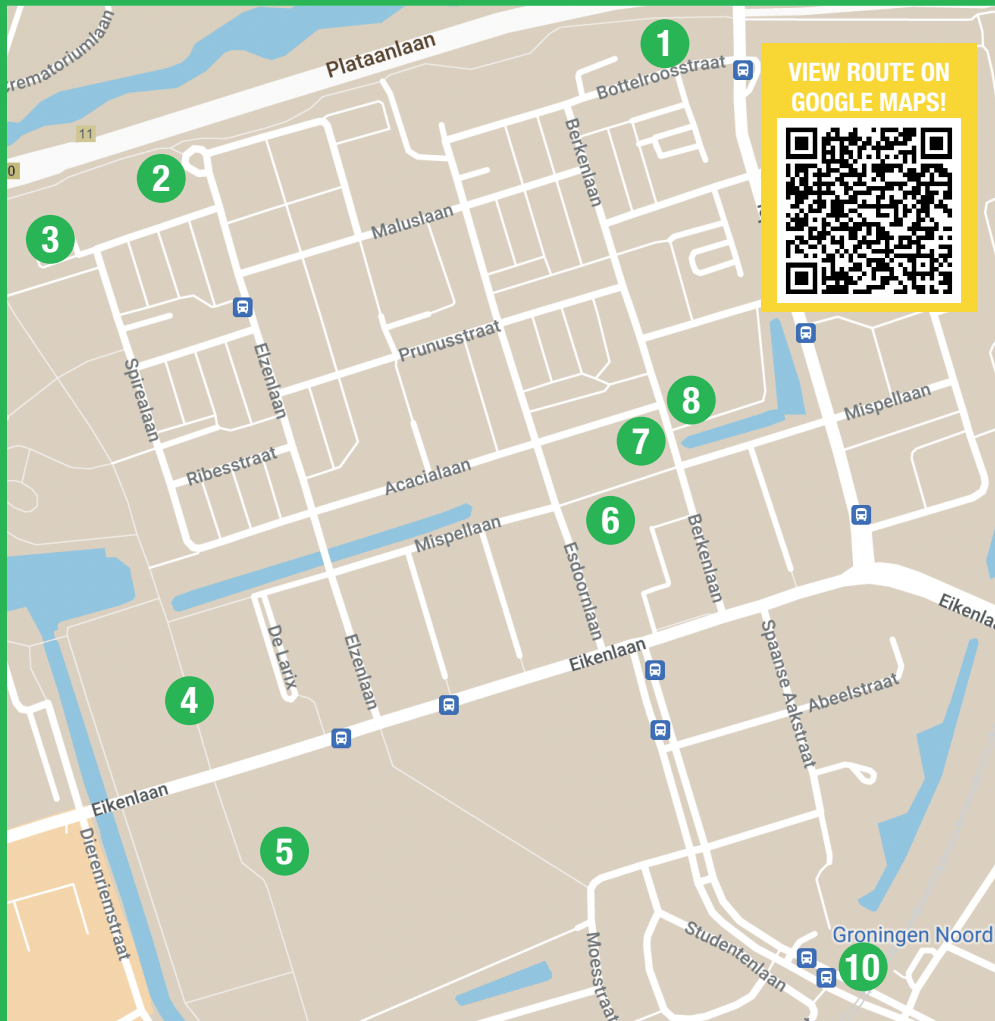
SELWERD



WELCOME  
WALKS

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Ready to get to know your neighbourhood? This self-guided tour will cover the basics you need in your day to day life, as well as the hidden gems that make this section of the city unique.

We've included links for some items here in the guide, and you can download this guide as a PDF from [www.citycentral.nl](http://www.citycentral.nl). If you have any questions, comments or suggestions, feel free to contact us on Instagram – @citycentral groningen – or send an email to [hallo@citycentral.nl](mailto:hallo@citycentral.nl).

## 1 WIKBEDRIJF SELWERD

**(Bottelroosstraat 3)** This is a hub where you can find many projects and initiatives, such as Kringloop 050 (a second-hand shop), The Repair Café (where you can fix your stuff) and the Plasticwijkfabriek, which collects plastic litter and turns it into public seating. Van Tosties, a cute café in a former camper van, is also here!  
De Duindoorn Restaurant (location 3) is also one of their projects. Have a look at their website ([wijkbedrijfsselwerd.nl](http://wijkbedrijfsselwerd.nl)) to read more about all of their activities and how you can get involved.

## 2 BUURT- EN SPEELTUVINVERENIGING SELWERD

**(Elzenlaan 72)** Playground - There's something for everyone at the Selwerd neighbourhood and playground association, from a cactus club to a bouncy castle festival. Visit [bsvsselwerd.nl](http://bsvsselwerd.nl) for more info!

## 3 WIKRESTAURANT DE DUINDOORN

**(Duindoornstraat 91)** This restaurant offers healthy and affordable meals and is run by -

- volunteers as part of a community service project.  
This building is one of three that have recently been renovated, and look a lot like Cornus (now more sustainable and energy efficient).

## 4 LOOPGROEP ASTREA

**(Eikenlaan 253)** This running association offers training and groups for every experience level, and trains on Monday, Wednesday and Friday evenings from 19:30 to 21:00. You are welcome to take part in a free test training session!

## 5 EIKENLAAN 288: LIBRARY, COMMUNITY CENTER, SWIMMING POOL

**(Eikenlaan 288-8)** The library (great for kids) is open in the afternoon Monday through Friday.  
**(Eikenlaan 288-1)** Buurtcentrum Sonde2000 is another hub for all sorts of (affordable) social activities, such as dancing, Chinese language classes and sewing lessons.  
**(Eikenlaan 290)** De Parrel swimming pool is 25 meters long and you can sign up for exercise and recreational swimming.

## 6 WINKELPLEIN SELWERD

**(Eikenlaan 9-39)** The shopping center of Selwerd is home to many different shops, such as Lidl, Albert Heijn, international supermarket Al Nour, Etos (drugstore), a bike shop, a cash machine and several restaurants.

## 7 WIKCENTRUM DE BERK

**(Berkenlaan 238)** It offers a wide range of activities for all kinds of interests. You can find language courses, Tai Chi, Salsa dancing, painting, bookbinding, bachata and much more, all for a very low price. You can follow them on Facebook or have a look at their website for an overview of all their activities.

## 8 HEALTH CENTER: ZINN

**(Beukenlaan 156)** You will need to register at a general practitioner's office for when you need to see a doctor. In this building, you can find two general practitioners and a pharmacy. You can find more information about the Dutch healthcare system at [Groningen.nl](http://Groningen.nl).

## 9 STATION (GRONINGEN) NOORD

This small train station opened in 1884, and features a modern art gallery exposition space: Portiersloge. The train line here travels between Groningen (main station) and Delfzijl, which is a nice city on the Wadden Sea.

We recommend downloading these public transport apps to plan your journey:

- 9292: <https://9292.nl/en>
- NS: <https://www.ns.nl/en>

## 10 WASTE

Most private homes use a card to get rid of general waste - contact your landlord or housing association if you don't yet have one. There are separate bins for paper and glass, which don't need a card.  
Visit [groningen.nl](http://groningen.nl) for more practical information about living in Groningen!

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